



## Student Executive Council

<b>Committee:</b>	Executive Council
<b>Date:</b>	Thursday 23 <sup>rd</sup> May 2019
<b>Report Title:</b>	Paper EC/1819/04/07 – EC14 Weekend Wellbeing
<b>Presenter:</b>	Olivia Bowers – President of Wellbeing and Diversity
<b>Author:</b>	Olivia Bowers – President of Wellbeing and Diversity

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### 1. Issue

The Council is to receive the proposed motion EC14.

### 2. Recommendation

The Council is asked to review and discuss the proposed motion and vote on its implementation.

### 3. Report

Report attached.



## Motion for Change

### EC14 – Weekend Wellbeing

Submission:

*I would like to see more opportunities for students to engage in fun or wellbeing related activities at the Student's Union at weekends during the day. When I stay at university for the whole weekend, I begin to feel lonely and isolated. A few friends have also commented that they "get bored" at weekends. If there were things like movie nights, more regular events etc. then it might make people feel less bored or isolated.*

Proposal:

*That the Council mandates the President of Wellbeing and Diversity to work with the Students' Union explore the introduction of wellbeing-related activities at weekends.*

Submitted by:

*A student*

Tabled by the Executive Council Chair for the Council meeting on: Thursday 23<sup>rd</sup> May 2019

Designation: EC/1819/04/07

Outcome: