



Wellbeing and Community Zone **Thursday 6th October, 4pm** **CD006**

Present

Chair

Katie Irving – VP Welfare and Diversity (VPWD)

Students' Union Officers/staff),

Izzy Tooke – VP Education (VPE), Paul Murtough – Representation and Democracy Coordinator (PM), Charlie Freeman – Sports Participation Coordinator (CF)

York St. John University Staff

Emma Wilkins – Director of Student and Staff Services (DSS)

Student members

Stuart Macklin - Residential Student Assistant, Holly Ainsworth - Residential Student Assistant, Alex Taylor -Dance representative (Treasurer), Anne Burrows

Apologies

Chris Bateman - Chief Executive Officer, Laurie Illingworth - SU President, Shona Northey - Student Experience Manager (Sodexo), Rachael Mason - Graduate Intern (Volunteerin

Welcome & Introductions

VPWD welcomed all in attendance to the meeting and presented staff with the opportunity for introduction

Items for Any Other Business

No items were take

Agenda Items

1. Election of the Zone Senators
2. Resident representatives
3. Careers and Student Opportunities (Volunteering)
4. Medical Centre
5. Catering
6. SW5 programme
7. VPWD campaigns
8. Open discussion

1. Election of the Zone Senators

VPWD introduced the Senate

AB asked How can she ensure that as a senator she is representing the student voice?
VPE stated that with the early publication of the motions it provides an opportunity to discuss ideas with students on their course.

What are the commitments?

VPE explained

CF reiterated

AB was voted to Senate

2. Resident Representatives

VPWD explained the purpose of the RR, the student(s) would work with VPWD to ensure the delivery of student voice at the local associations, such as the Groves Association.

PM expanded that the meeting times were currently unknown but once the information is received it will be distributed by VPWD.

VPWD asked if any student would be interested, AT expressed interest in the position and VPWD ensured this was okay with the students in attendance. All agreed.

3. Careers and Student Opportunities (Volunteering)

VPWD expressed that unfortunately RM was unable to attend the meeting however, if students wish to know about any of the volunteering options available to them, e-mail her at r.mason@yorks.ac.uk

4. Medical Centre

Students praised the medical centre facility, however, they expressed that advertisement of items such as sexual health could be improved.

DSS wondered if there are any good health campaigns the university should run?

Student suggested more advertisement of the sexual health provisions

The question was also raised as to whether more could be done to advertise mental health prevention? It was suggested that this presented an opportunity for a joint campaign via SU, university and students

Action: VPWD to look into a campaign regarding mental health

Students felt that there needs to be an understanding the holistic approach to mental health

DSS asked about awareness of the wellbeing zone

Students acknowledged the zone stating its successful provisions

Difficulty between the correlation for mental health and technology

DSS also asked about the mindfulness sessions, these were praised sessions and advised that students should attend.

5. Catering

Students and staff expressed that the catering provision was of a good standard, however, general care of healthy options could be taken into account such as refrigerating the fruit to preserve the items and ensuring that a dairy free option is readily available

6. SW5 Programme

Students praised the current programme.

CF asked for any suggestions for additions to the programme

AT suggested a 'mindfulness' session

Students agreed that this would be a good idea to look into for the development of the programme

7. VPWD campaigns

VPWD informed students of upcoming campaigns such as:

Sexual Health – Tuesday 11th October

Housing Fair – Tuesday 22nd November

VPWD also asked if it would be a benefit to include information for students in UMH (University Managed Housing) during this time. It was agreed that this would be a good avenue.

8. Open discussion

Recycling and rubbish: Students, particularly those in Student Accommodation expressed that the current facilities for recycling and general waste are confusing and facilities differ at the various sites. Students question when they are only provided with a food waste and recycling provision where general waste is supposed to be placed.

It was agreed that this situation is also noticeable on campus.

VPE stated that should students need to know more information there is a downloadable app which explains all they need to know.

It was requested to include this in future welcome packs

Students also discussed how University Managed Housing can be a isolating experience and can create a daunting experience for students

VPWD asked should the SU lead on UMH specific session.

Students agreed that it would be a benefit and possibly work to create Individual accommodation events

Action: VPWD to work with the university to establish this

It was asked if the accommodation wristbands could be brought back?

DSS stated that accommodation are looking to create a sense of belonging potentially set up a project group to work on establishing programmes to create the identity.

The question was posed as to whether RSAs should be provided with the information for lone students and times of students moving in.

It was stated that there are security issues (between staff and RSA)

Date of Next Meeting

Thursday 9th February 2017, 4pm, SU Coffee Lounge

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Summary of actions

Agenda item	Action:	Assigned to:
Medical Centre	The provisions for mental health are not widely available, it was requested for a campaign to be developed across departments to establish an understanding of what is available. <i>(Page 3)</i>	VPWD
Open discussion	It was felt that student accommodation can lead to some isolation and moving in can be a daunting experience, suggested to have an event for individual halls and University Managed Housing to emphasise the community of YSJ <i>(Page 4)</i>	VPWD
	Students agreed that it would be a benefit and possibly work to created Individual accommodation events <i>(Page 4)</i>	VPWD